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## VERDE MONTANA WELLNESS & SPA HOTEL

**By editor**

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HOTEL Verde Montana 



is located in quiet corner in Kudowa Zdroj. Surrounded by the Stolowe Mountains near Zdrojowy Park, the town is a perfect place for leisure and recuperation of whole families. This charming town features picturesque views, numerous mineral water springs, different shapes of rocks and valleys - all perceived as unique in Europe. Being located 75 miles (120 km) away from Wroclaw and near international route to Prague, Kudowa Zdroj is not only suitable for vacation; rehabilitation, business or educational stay, but also for weekend excursions and transit trips to the western part of Europe.



Hotel Verde Montana Wellness & SPA has 129 exclusively furnished rooms for 1-2 people, luxury suits and stu

**Hotel Verde Montana recommends the following SPA packages:**

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### **Tranquility of Senses**

3-day SPA package for women

includes:

accommodation for 2 nights

2 x breakfast (smorgasbord)

2 x dinner (extra paid beverages)

cosmetic consultation

draining brine bath in the bath with hydro-massage

classical massage, partial

paraffin treatment on hands

face peeling with ultrasounds

oxidising face treatment

body peeling

body treatment on algae

Additionally, every day; using the swimming pool, jacuzzi, unlimited stays in Finnish sauna, Turkish sauna a

Price range 200 - 250 GBP

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### **Wave of Energy**

3-day SPA package for men

includes:

accommodation for 2 nights

2 breakfasts as smorgasbord

2 dinners

cosmetic consultation

classical massage of the whole body

ozone and pearl bath

face peeling with ultrasounds

face treatment 'ocean for men'

body peeling with moisturizing

swimming pool, jacuzzi, unlimited stays in Finnish sauna, Turkish sauna and laconium

### **Touch of Youth**

5-day SPA package for women

includes:

accommodation for 4 nights

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4 breakfasts as smorgasbord

4 dinners

Treatments in SPA :

cosmetic consultation

bath in donkey's milk

relaxing massage of feet and legs

collagen treatment on eye area

collagen treatment on the face

body peeling

body treatment with algae

classical massage of backbone

pearl bath in the bath with hydro-massage

Additionally, every day; using the swimming pool, jacuzzi, unlimited stays in Finnish sauna, Turkish sauna a

## **Harmony of Ocean**

5-day SPA packages for men

includes:

accommodation for 4 nights

4 breakfasts as smorgasbord

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4 dinners

Treatments in SPA:

cosmetic consultation

relaxing bath with thalgo cube

relaxing massage - thalgo de la mer

body peeling

body treatment – toning body wrap

face treatment – intensive hydration treatment

classical massage of the whole body

brine bath with hydro-massage

Additionally, every day; using the swimming pool, jacuzzi, unlimited stays in Finnish sauna, Turkish sauna a

## **HOTEL VERDE MONTANA WELLNESS & SPA GALLERY:**

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